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UNDERSTANDING GENES
& CHROMOSOMES

Easy read guide

Planning your future after school

rarechromo.org



When you are around 14 years old, you might start thinking about what you want to do after you leave school.



You can make your plan with your parents, social workers or people at your school.



There will be lots of changes and choices to make as you get older.



It is normal to feel excited about the future, but also a little worried. It is always okay to ask for help if you feel unsure.



When can I leave school?

Young people will leave school at different ages depending on their situation and abilities.



What can I do after school?

After school, there are lots of things you can do.



You might visit a few different colleges or learning places to see what they are like.



You can check if you like the classrooms, teachers and activities. This can help you decide which place feels best for you.



You might choose to keep learning about subjects you really enjoy.

You will have lessons in classrooms and might have exams or assessments in these subjects.



You might choose to do a vocational course.

You will have practical lessons to learn a job or skill.



You might choose to do an apprenticeship.

You will work and learn at the same time.



You might choose to start working or volunteering.

You can work or volunteer through a supported employment programme.



It is important to plan for the future, so you know what you want to do after school.



Choosing something you think you will enjoy can help you feel happy while learning.



Planning helps you make good choices and feel more confident about what comes next.



It's okay to ask questions and get support whenever you feel unsure or worried.



Unique are here to help and can guide you towards the right support.

To contact Unique, you can call us on the phone.

+44(0)1883 723356



You can email us.

help@rarechromo.org



You can go to our website.

<https://rarechromo.org/>



You can send a letter to our office.

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This guide was written by Unique (NM) and reviewed by Emily Webb (Key Stage 2 Lead, Queen Elizabeth II Silver Jubilee School) with images from Photosymbols.

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